

Email

Dear Friend,

Ramadan started yesterday, the 10<sup>th</sup> March. We are praying throughout Ramadan for different locations across the Muslim world using local foods as a way of connecting with these places. As Ramadan starts on a Sunday this year there is an extra day in this guide.

There is still time to receive a 30 day prayer guide to supplement our Pray Now guides, although we have very few remaining now.

If you'd like us to post you a free copy, email your postal address to [info@frontiers.org.uk](mailto:info@frontiers.org.uk) or call us on 0303 333 5051 (Mon-Fri, 9.00-5.00).

May God bless you as you pray and intercede this week.

For His glory in the nations,

Charlotte and Richard

Prayer Mobilisation Team

**Sunday 10<sup>th</sup> March – Day 1 Ramadan**



- Pray that Muslims like Ayesha will seek to know the One who will never leave their side.
- Ask the Lord to send more Frontiers field workers to the least-reached places so that many more Muslims will hear the Gospel and turn to Jesus.

For more information see

<https://www.frontiers.org.uk/latest/pray-now.php>

**Dates**

Ayesha's stomach growled as her brother prayed. She tried to focus so she could gain God's favour, but hunger from the first long day of Ramadan distracted her. When the prayer finally ended and the sun slipped below the horizon, she eagerly popped a date into her mouth.

She knew that many other Muslims were also enjoying the sweet fruit to break their fast, and she sighed as it began to relieve the pangs of hunger. As always, the iftar meal at the end of each day during Ramadan satisfied her physical needs, but she still felt distant from God. Her new friend Jenny had told her that Jesus loved her like a best friend. If that was true, she wanted Jenny to tell her more.

**Hope for the Day**

Oh, taste and see that the Lord is good!  
Blessed is the man who takes refuge in him!

— Psalm 34:8

**Prayer**

- As Muslims seek favour during Ramadan and all year long, ask Jesus to meet them in their spiritual hunger.

**Monday 11<sup>th</sup> March - Day 2 Ramadan**

— Colossians 3:15

### **Shawarma**



Location: Middle East

Waleed and his Palestinian friend Iyad often enjoyed a friendly debate over the origins of shawarma. Even tonight as they broke their fast together, they argued good-naturedly over whether Jordanians or Palestinians had truly invented the dish.

These harmless discussions were a reprieve from the true conflict that their region still experienced. Sometimes it seemed to Waleed that brother hated brother and cousin hated cousin just because of where they had been born. He longed for peace but didn't know where to begin.

### **Hope for the Day**

Let the peace of Christ rule in your hearts, to which indeed you were called in one body.

### **Prayer**

- Pray for Muslims to turn to Jesus to find true and lasting peace in their hearts and minds.
- Ask God to send messengers of the Gospel to regions where Muslims suffer the effects of political and military unrest.
- Ask God to end conflict in regions of the Muslim world that have known little else for years so that many will have the chance to hear of Him.

For more information see

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**Tuesday 12<sup>th</sup> March - Day 3 Ramadan**

**Khinkali**



Location: Georgia

Zaza plucked a dumpling from his plate and held it by the hard knob at the top. He didn't really like khinkali, but he would never admit that. To be Georgian was to love khinkali. And lately his national identity seemed to be all he had left. The car accident that took his ability to walk also stole his job and his fiancée.

As part of a Muslim minority group, he prayed five times a day, but with every prayer unanswered, he wondered if he even believed in Islam anymore. There had to be some answer to why he had survived, some purpose for his life. If he couldn't find it in what he'd been taught by the imam, he'd begin looking for it elsewhere.

**Hope for the Day**

For he satisfies the longing soul, and the hungry soul he fills with good things.

— Psalm 107:9

**Prayer**

- Ask the Lord to reveal Himself to Muslims who are earnestly seeking the truth.
- Pray that He will comfort those who feel abandoned or overlooked.

- Pray that Muslim men and women will turn to Christ and find their identity in Him alone.

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**Wednesday 13th March - Day 4 Ramadan**

**Brik**

Location: Tunisia

Jamila slid the fried brik from the pan to a plate, memories bringing tears to her eyes. Her rebellious son, Imed, had loved to break his fast with the savoury egg-filled pastry. She wondered where he had gone. She didn't know if he was observing Ramadan or if anyone was cooking a similar meal for him. Imed reminded her of the son in the story she'd recently read in the Injil with her friend Patty.

When that boy had been humbled, he returned home, and she could only pray that Imed would do the same. She would eagerly welcome him back.

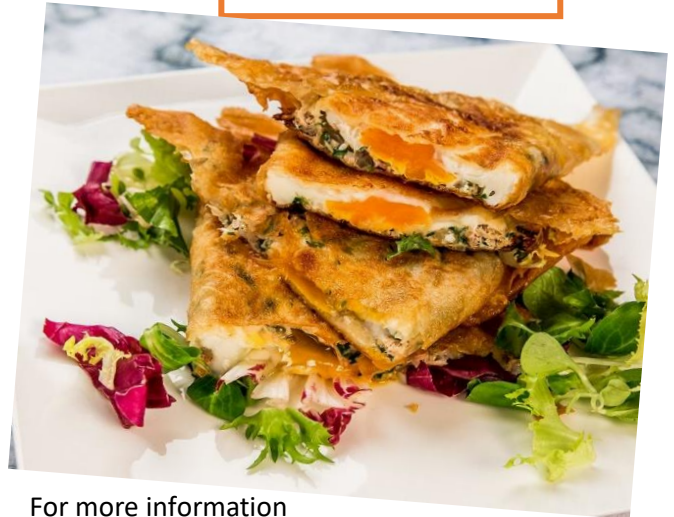
**Hope for the Day**

**“But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him.”**

**— Luke 15:20 (NIV)**

**Prayer**

- Pray that Muslim men and women will recognize that their own sin has separated them from God, but He is eager to forgive them.
- Muslim men and women often pray for revelation during Ramadan. Ask Jesus to reveal Himself to them in an undeniable way.
- Pray that Muslims who have found God's mercy in Christ will be eager to tell their friends and family about it.



For more information  
see <https://www.frontiers.org.uk/latest/pray-now.php>

**Thursday 14<sup>th</sup> March - Day 5 Ramadan**

### **Gulab Jamin**

Location: Southwest Asia and South Asia

Radha scowled as she aggressively kneaded flour for gulab jamin. Most of the year, she loved working in the local bakery, but during Ramadan, the small, round sweets filled every day with temptation. As they baked, a tantalizing aroma wafted from the ovens, and it wasn't even close to the end of the day's fast. Then she remembered that she and her husband had been invited to break their fast with several other families in their neighborhood. Her neighbor Munni had said Radha didn't need to bring anything. Radha smiled and set some of the gulab jamin to the side to purchase so she could take them with her tonight.



### **Hope for the Day**

Let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another.

— Hebrews 10:24–25

### **Prayer**

- Ask God to provide opportunities for Muslim-background believers to meet together to study the Word.
- Pray that Muslims who are seeking Jesus will be eager to read the Bible and have easy access to it in their heart language.
- Pray for Frontiers workers who are meeting with Muslims to share the truth of Jesus Christ boldly and respectfully.

For more information see

<https://www.frontiers.org.uk/latest/pray-now.php>

**Friday 15<sup>th</sup> March - Day 6 Ramadan**

### **Injera**

Location: Ethiopia

Quiet sobs filled the air as Abebe tore off a serving of injera and dipped the spongy flatbread into the stew. The village women had been preparing this meal all day in honor of his father's burial.

Everyone in their community had respected his father, who had worked endlessly to ensure their crops survived even through the drought. Abebe still could not believe he was gone. As he looked at his extended family, Abebe knew that he would have to step into his father's role. But he wasn't sure he could be as wise or steady. Everyone would be relying on him now. What if he tore apart as easily as the injera?

### **Hope for the Day**

He gives strength to the weary and increases the power of the weak.

— Isaiah 40:29 (NIV)

### **Prayer**

- Ask God to place Muslim men and women of integrity in positions of authority and give them strength to lead well.
- Pray that Muslims' hearts will be open to the Gospel and that they will be eager to hear the Word of God.
- Pray that grieving Muslim families will seek comfort and find it in the Prince of Peace..

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**Saturday 16<sup>th</sup> March - Day 7 Ramadan**

**Chudu (or Khichin, or Ossetian Pie, or...)**

Location: The Caucasus

Ruslan hoisted the basket from the table and was nearly toppled by its weight. "That's almost as big as you are," his mother said. At ten years old, he was smaller than many of his friends, but he was still strong enough to carry their picnic into the nearby forest. Saturday was his favourite day of the week because the whole village came to the clearing to eat their lunch. His mother had spent most of the morning making chudu to share with their neighbours. The flat pies were filled with potatoes and his favourite cheese, and the wood-burning stove she cooked in gave her chudu a special flavour.

Ruslan was determined to eat as many as he could so he could grow up to be as strong as his dad and the other men in the village.

### **Hope for the Day**

Be on your guard so that you may not be carried away by the error of the lawless and fall from your secure position. But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be glory both now and forever! Amen.

— 2 Peter 3:17–18 (NIV)

### **Prayer**

- Pray that Muslim children will hear the Word and grow to love and worship Jesus Christ.
- Ask God to help Muslim-background believers grow in grace and knowledge of the Lord.
- Pray for movements of disciples to grow and flourish in Muslim communities.



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